



THE RUNNYMEDE  
ON THAMES

# LATE MAY BANK HOLIDAY

## BANK HOLIDAY CLASSES

MONDAY 27<sup>TH</sup> MAY

10.00 - 10.45	Bodyblast Circuit	Abbi
11.00 - 11.45	Body Sculpture	Abbi
12.00 - 13.00	Yoga & Stretch	Mark
13.30 - 14.15	Precision Strength	Jon
18.00 - 19.00	Total Strength	Jon

## OPENING TIMES

MONDAY 27<sup>TH</sup> MAY

08.00 - 20.00	Pool
08.00 - 20.00	Gym
10.00 - 18.00	Beauty
09.00 - 12.00	Child Swim Times
15.00 - 18.00	

All classes take place in the **Spa Studio** unless marked with an asterisk:

\* this class will take place in the **Indoor Pool**

\*\* this class will take place on the **Tennis Courts**